



**moon  
& spoon**  
Proper food for  
little people.

## Menu Week One

### Monday

#### Clever Cloggs Pie

Lean Steak Mince with carrots and a cheesy mash topping

\*Funny Fussilli smothered in our own Mothers Sauce served with Garlic Toasts

### Tuesday

#### Tikka Boo

Tender Chicken Breast in a creamy coconut sauce with chickpeas, served with rice.

\*Lippy Lentil Pie with Puy Lentils and Quiona

### Wednesday

#### Crazy Chicks Pie

Tender Chicken Breast in a basil and vegetable gravy with mash topping

\*Goldilocks Goodness featuring 7 popular vegetables with Sauté Potato Topping

### Thursday

#### Mighty Meatballs

Meatballs covered in a tomato & herb sauce served with Spaghetti

\*Cool Vegetable Curry – Packed with vegetables in a Mild Curry Sauce served with Fluffy Rice

### Friday

#### Big Bear Pie

Slow roasted beef with summer vegetables and a mash potato Topping

\*My Macaroni in a rich Mornay Sauce with Sweet Peas

#### Or Captains Catch

Dolphin friendly Tuna in a béchamel sauce with sweet peas topped with carrot & turnip mash

\* Vegetarian Options and side orders are available and can be ordered separately if required  
(For all allergen information see allergen table)

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#### Find out more about Moon&Spoon:

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